

The Fear to Faith Worksheet

Abundance • Balance • Beauty • Freedom • Joy • Love • Order • Peace • Power • Unity • Wholeness • Wisdom

The Word of God on which I build my Faith is: _____

W B 3

Draw a symbol of the Word of God:

Draw a symbol of the false belief:

The 'word of resistance' that I react with is:

The 'word of error' that I have falsely believed in is:



6

5

Control • Hide • Anger • Attachment • Flee • Appease • Whine
Depression • Confusion • Lose • Withdraw • Rebel • Confront

Lack • Debt • Conflict • Limitation • Ignorance • Rejection • Death
Chaos • Judgment • Dependency • Duality • Disease • Poverty

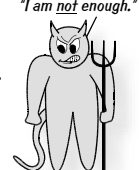


HOPE

'The Universal Hope'

What I hope will happen is:

Y 2



FEAR

'The Universal Doubt'

What I fear will happen is:

O 4

NEWNESS

The person I must forgive is: _____ 7

The Love I Accept You _____ (Name) (Inhale)

Prayer I Bless You _____ (Name) (Exhale)

I am grateful God is gracious; I am grateful God is:

Date: _____ 8

V

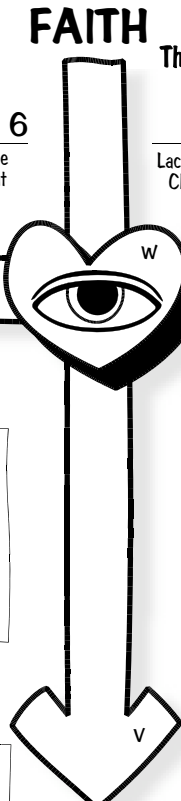
OLDNESS

The current situation or condition is:

This is how I am feeling:

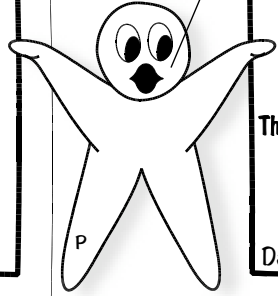
Date: _____ 1

P



FLESH

"I am enough!"



"The Universal Truth"

Color Code: Pink-Physical Orange-Emotion (P+Y) Yellow-Mind Green-Intuition (Y+B) Blue-Spirit Violet-Love (P+B) White-Wholeness -Subconscious -Mystery

The Releasing Prayer



I release my belief in _____ 5

(Word of Error)



I release my need to _____ 6

(Word of Resistance)



I am grateful God ...is the _____ 3 I am!

(Word of Faith)

